



## **ADVICE FOR PATIENTS AFTER LASER SURGERY**

Please follow these directions for the next three days after laser treatment unless otherwise specified by the doctor:

- Avoid lifting anything heavier than 10 pounds.
- Avoid bending over or sudden movements.
- Avoid straining at anything (do no strain at bowel movements, athletics, sex, etc.)
- You may have some discomfort around the eye. Tylenol is usually sufficient to relieve the pain.
- The eye may be quite bloodshot.

If you have any questions, please discuss with Dr. Drouilhet / Dr. Parlin.