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Board Certified Ophthalmologists

PATIENT NAME: _____

DATE: _____

INSTRUCTIONS FOR CARE AFTER MEDICINE INJECTION INTO THE EYE

1. Most patients experience some blurring of vision following the medicine injection. The blurring is often described as seeing spots floating in the eye ("floaters"). The floaters usually go away after a few days or weeks. You may have mild discomfort or itching in the eye for a few days after the injection.

2. If you experience increased eye discomfort, pain or floater (compared to right after the injection), decreased vision, flashes of light, increased eye redness, increased sensitivity to light, fever, or other unexpected symptoms, contact us immediately.

3. If you are experiencing a mild headache after the medicine injection, Tylenol tablets can be taken to relieve the pain. **If you have a severe headache, contact us immediately.**

4. Avoid rubbing your eye.

5. Keep eye clean and dry.

6. USE A FRESH TISSUE ANY TIME THE EYE IS TOUCHED.

7. **WOMEN: DO NOT USE MASCARA** for 2 days before or 3 days after injection and do not use waterproof mascara at all. Wear **NO** eye makeup on the day of the injection.

8. Do not use a contact lens in the injected eye for three days following the injection.

9. Use sterile, preservative-free artificial tears in the injected eye as desired for comfort for three days after each injection.

9. **Next appointment date/time:** _____

10. **Contact us if you have a problem or question:** _____